

Family holidays in Ischgl: adventures in summer and winter

Ischgl is a first-class destination for family holidays, both in summer and winter. With a wide range of activities specially designed for families, the region offers outdoor adventures, sporting challenges and child-friendly activities all year round. Families will find numerous opportunities to explore the impressive Alpine landscape and experience unforgettable holidays together.

Summer in Ischgl: nature and adventure for families

In summer, Ischgl transforms into a true outdoor paradise for families. The picturesque landscape of the Tyrolean Alps offers ideal conditions for relaxed hikes and exciting experiences in nature. With around 200 kilometres of hiking trails and 400 kilometres of bike trails, there are numerous family-friendly routes that are also suitable for small children. Easy hiking trails lead along alpine pastures, streams and through forests, where children can experience nature up close.

A highlight for families is the Vider Truja adventure park on the Idalp. At over 2,300 metres, visitors can look forward to a water play park, a bouldering area, slides, barbecue areas and much more. Children can play here while their parents enjoy the breathtaking views of the surrounding mountains. The Ischgl archery course and the Adventure Stage at Pardatscher See are further adventures for young and old. Here you can test your marksmanship and dexterity in a natural environment.

The Skyfly Zipline also offers an unforgettable experience for adventurous family members. Over a distance of two kilometres, children from the age of ten and adults whizz down into the valley at speeds of up to 85 km/h and experience the mountain world from a completely new perspective.

The Silvretta Card Premium, which is available to guests at all partner accommodations in summer, is particularly attractive. This card allows families to use the cable cars, buses and the Experience Programme for free or at a reduced price.

Winter in Ischgl: family-friendly skiing fun

The Silvretta Arena offers 47 kilometres of blue, family-friendly pistes out of a total of 239 kilometres and special beginners' areas where children can make their first attempts at skiing. For the little ones, there is a Kinderland where they can learn to ski in a playful way under professional supervision.

For slightly older children and teenagers, there are ski courses tailored to individual ability. The qualified ski instructors ensure that the children improve their technique safely and with lots of fun. There are also ideal conditions for parents who want to ski themselves, as many ski schools take care of the children during the course times.

In winter, families benefit from favourable ski pass offers and special discounts for children and teenagers. With the VIP ski pass for Ischgl/Samnaun, children up to the age of 10 ski for free and teenagers up to the age of 16 ski at reduced rates on all lifts in the Silvretta Arena.

Away from the pistes, Ischgl offers further winter leisure activities. Night tobogganing on the specially prepared descent from the Idalp to Ischgl and ice skating on the 1,300 m² ice rink around the Silvretta Therme provide plenty of variety.

The Alpine Experience Programme

During the main season, there is an extensive leisure programme for children and families in Ischgl and Paznaun in both summer and winter. The Alpine Experience offers exciting weekly excursions, workshops and adventures in nature, on foot, by (e-)bike or with the cable car. Children and adults can not only explore the region here, but also discover new skills and hobbies in a safe environment. All experiences can be booked online.

Further information at [Spend your family holiday in Ischgl | Ischgl](#).

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