

Winter in Ischgl: skiing, lifestyle and outdoor activities

Ischgl, one of the most famous winter sports destinations in the Alps, offers an impressive variety in winter. In addition to the famous Silvretta Arena ski area, Ischgl offers a wide range of winter activities, from ski tours and cross-country skiing to wellness and exclusive entertainment. The combination of sporting activities and a luxurious lifestyle makes Ischgl a versatile and unforgettable winter holiday destination.

Skiing in the Silvretta Arena

The Silvretta Arena Ischgl/Samnaun ski area is the highlight of any winter holiday in Ischgl. With 239 kilometres of pistes and 46 state-of-the-art lifts, the area straddles the Austrian-Swiss border. The Silvretta Arena is known for its guaranteed snow, as it extends at an altitude of 1,377 to 2,872 metres and therefore offers ideal conditions from the end of November to the beginning of May. Thanks to the well-developed lift and piste system, skiers of all levels will find suitable routes: from gentle blue pistes for beginners to wide carving routes and black pistes for experienced skiers looking for a challenge. The "smugglers' circuit", a ski route reminiscent of the smuggling tradition between Ischgl and duty-free Samnaun, is particularly popular. [More info](#)

Cross-country skiing: A paradise for skaters and classic skiers

The Cross-country Skiing Region Ischgl & Galtür offers over 80 kilometres of cross-country ski trails that are suitable for both classic and skating styles. The well-groomed trails lead through the idyllic winter landscape between Ischgl and Galtür. The high-altitude trails are particularly popular, leading through areas where snow is guaranteed and are a challenge even for experienced cross-country skiers. [More info](#)

Winter hiking: Discover nature in a quiet way

For visitors who want to experience winter nature away from the pistes, Ischgl offers over 60 kilometres of winter hiking trails. The well-maintained paths lead through snow-covered forests and offer breathtaking views of the surrounding Silvretta and Verwall mountains. Winter hikes are the ideal activity for anyone who wants to enjoy the peace and beauty of nature at their own pace. [More info](#)

Ski tours: experience nature away from the pistes

For adventure-seekers who want to experience winter away from the groomed pistes, ski tours in Ischgl are a real classic. The region offers numerous routes that lead through unspoilt snowy landscapes all the way to Switzerland. Guided ski tours with local guides offer additional safety and allow you to discover the hidden beauties of the region. [More info](#)

Ice skating and curling

The modern ice rink with an ice surface of 1,300 m² on the first floor of the Silvretta Therme is a popular meeting place for children, families and couples. All-round service is provided by an ice bar, skate hire and a curling rink. [More info](#)

Alpine Experience

Away from the classic winter sports, Ischgl offers the Alpine Experience for adventurers. This includes weekly snowshoe hikes, guided tours and special outdoor activities that add variety to your winter holiday. These offers make it possible to experience the mountain world around Ischgl in a very special way. [More info](#)

Entertainment, gourmet experiences and wellness

Ischgl regularly organises top-class concerts. The famous Top of the Mountain concerts, where international stars perform every year, are seasonal highlights and attract thousands of visitors every year. The resort also offers a lively nightlife, which is particularly famous for its après-ski parties. Numerous clubs and bars invite you to end the day with good music and an exuberant atmosphere. [More info](#)

Numerous award-winning restaurants offer fine dining at the highest level and ensure that gourmets get their money's worth. The top chefs awarded by the renowned Gault&Millau create culinary works of art from Tyrolean specialities and international influences. [More info](#)

Opened in 2022, the Silvretta Therme is one of the newest attractions in Ischgl. Covering 2,500 square metres, it offers a luxurious wellness oasis with indoor and outdoor pools, various saunas, steam baths and relaxation rooms as well as a fitness room and restaurants. [More info](#)

Further information at [Ischgl - the Tyrolean adventure paradise | Ischgl](#).

4299 characters with spaces

Image download: [Images Paznaun – Ischgl](#)

All texts and pictures are available at [Press | Region Paznaun – Ischgl](#) for free download.

Copyright © TVB Paznaun – Ischgl